



RACE INFORMATION

ITEMS	CONTENTS
Event Name	OSJ ONTAKE100
Location	Otaki-mura, Kiso-gun, Nagano
Date and Time	100 Miles: Starts on Saturday, July 19, 2025, at 8:00 PM 100K: Starts on Sunday, July 20, 2025, at 12:00 AM
Distances	100 Miles: Approximately 163 km 100K: Approximately 109 km 100 Miles iTRA / 100K iTRA (based on 2024 results)
ITRA Points	100 Miles  / 100K  (based on 2024 results) <i>Note: ITRA points will be finalized after the event.</i>
Participant Capacity	100 Miles: 200 participants 100K: 1,200 participants 【General Requirements】 - Individuals-aged 18 or older
Qualification	- Completing the entire course within the time limit without getting lost - Cooperation in regional development such as lodging at the venue and using shops (optional)

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	<p>[2024 OSJ ONTAKE50 Long Finishers Qualification]</p> <ul style="list-style-type: none"> - Must be among the top 100 finishers (Top 70 men, Top 30 women) of the 2024 OSJ ONTAKE50 Long race - OSJ ONTAKE50 bib number is required at registration - Fraud may result in disqualification from future events
	<p>100 Miles: ¥19,000</p> <p>100K: ¥17,000</p> <p><i>Note: Includes accident insurance, parking, or shuttle bus service.</i></p> <p><i>Note: Fees are non-refundable after registration.</i></p>
Entry Fees	
Event Memorabilia	<p>From the 2025 event, participation souvenirs will not be provided.</p> <p>Event memorabilia will be available for purchase separately (details to be announced later).</p>
Awards	<p>Overall (Men & Women): 1st–5th place</p> <p>Age group (Men & Women): 1st–3rd place (excluding overall winners)</p>
Cut Off Time	<p>100 Miles: 24 hours</p> <p>100K: 20 hours</p> <p>General (Saturday, July 19):</p> <p>1:00 PM–7:00 PM: Athlete registration at Matsubara Sports Park</p>

ITEMS	CONTENTS
•Schedule	
	[100 Miles]
•Individual Cut Off Time at	7/19 (Sat)
Check points	19:00–19:30: Drop bags at Matsubara Sports Park 19:30–20:00: Athlete lineup, briefing, and start ceremony at Matsubara Sports Park 20:00: Race start at Matsubara Sports Park
	[Checkpoints for 100 Miles]
	7/20 (Sun) 4:30 AM: 1st checkpoint at Matsubara Sports Park (~54 km) 7/20 12:00 PM: 2nd checkpoint at Matsubara Sports Park (~108 km) 7/20 4:00 PM: 3rd checkpoint at Suikoen (~137 km) 7/20 8:00 PM: Finish at Matsubara Sports Park (~163 km)
	[100K]
	7/19 (Sat) 22:45–23:30: Drop bags at Matsubara Sports Park 23:30: Athlete lineup, briefing, and start ceremony at Matsubara Sports Park 7/20 (Sun) 12:00 AM: Race start at Matsubara Sports Park
	[Checkpoints for 100K]
	7/20 10:00 AM: 1st checkpoint at Matsubara Sports Park (~54 km) 7/20 3:00 PM: 2nd checkpoint at Suikoen (~83 km) 7/20 8:00 PM: Finish at Matsubara Sports Park (~109 km)

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Deposit Bag regulations	<p>During the race, athletes may check in your spare shoes, clothing, and nutrition in the provided poly-shoulder bag (500mm x 400mm) at the main event location.</p> <p><i>Note:</i> Valuable or fragile items are not accepted. The bag must fit entirely within the specified size and be securely sealed.</p>
Registration Period	<p>- General Entries: November 15, 2024, 9:00 PM – December 31, 2024</p> <p>- Additional Entries: March 1, 2025 – June 16, 2025</p> <p><i>Note: Parking at the Ontake event site will not be available in 2025.</i></p>
Organizer	OSJ ONTAKE100 Organizing Committee
Supporter	Otaki Village / Otaki Tourism General Office / Kiso Ontake Tourism Bureau
Event Management	Power Sports